

****Please use this form if everyone in the family is receiving FluMIST, use the other form if getting flu shots.**

Katterman's FLUMIST VACCINE IMMUNIZATION INFORMATION 2011-2012

FLU: Influenza (flu) is a respiratory disease caused by influenza virus infection. The strains of influenza virus responsible for infection change yearly. People infected may experience abrupt onset of fever, headache, muscle aches, fatigue, cough and sore throat. The fever may last from 2-5 days. Influenza can lead to more severe complications such as pneumonia which can lead to mortality.

FLU MIST VACCINE: FluMist is a live, attenuated influenza vaccine formulated into a nasal spray for healthy people ages 2 to 49 years old. The virus present in the vaccine is weakened and mutated so it cannot cause flu. It contains the same strains as the flu shot, which are chosen yearly by the US Public Health Service and the Center for Biologics Evaluation & Research of the US FDA. Any flu vaccine cannot guarantee 100% immunity to influenza but reduces the chances of infection and decreases the duration and severity if one becomes infected.

RISKS & POSSIBLE SIDE EFFECTS: FluMist generally causes mild side effects such as nasal congestion, sore throat, headache, chills, fever (in children) or muscle aches. These symptoms do not last long and go away on their own without treatment.

SPECIAL NOTICE: Certain people should not receive FluMist: people allergic to eggs, egg products or gelatin, children receiving aspirin therapy, people with asthma, people who are immunocompromised, people with acute infections and pregnant women.

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

NAME _____ BIRTHDATE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

SIGNATURE _____ TODAY'S DATE _____

** One adult signature per family